

## NEW TO SHANGRILA MEDSPA

Shangrila MedSpa strives to create a sanctuary of health, healing and beauty from inside and out. Our Highly experienced and seasoned therapist offer a wide range of customized therapeutic massage services designed to relax the body and calm the mind.

**MASSAGE THERAPY**

**SPECIALIZED TREATMENT**  
60 MIN \$95  
90 MIN \$145  
*Hot Stone - \$20 add on service*

Prenatal Massage  
Sports Massage  
Gau Sha Massage  
Hot Stone Massage  
Aroma Therapy

**CLASSIC THERAPEUTIC MASSAGE**  
30 MIN \$45  
60 MIN \$89  
90 MIN \$135

Our most comprehensive light or deep massage treatments are ideal for seasoned Massage enthusiast or if you are trying our body works for the first time.

**DEEP SOMA TREATMENT**  
90 MIN \$150

Balance your soul-mind-body. A deep massage incorporating a fusion of Energy Work. An ideal treatment for those desiring a natural way to release old traumas, emotional block or old thought patterns withholding one from dreams and goals. Open yourself up to a new possibility of self-awareness and be on your way to better you.